

## DLC Nurse & Learn

4101-1 College Street  
Jacksonville, FL 32205  
Tel: (904) 387-0370  
Fax: (904) 387-0156  
Web: www.dlcnl.org  
E-mail: info@dlcnl.org



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## DLC NURSE & LEARN JULY, AUGUST & SEPTEMBER NEWSLETTER



### Charity Pint Night at Black Sheep!

Join us Tuesday, August 23rd on the Black Sheep Rooftop in Riverside from 3pm—Close. Black Sheep will be serving Happy Hour Pricing on drinks, snacks and your Dinner Entrée! Plus, 10% of your bill will go back to DLC. We will be discussing the upcoming Passport to Riverside & Avondale event taking place on November 5th and the ways you can participate. We have

Sponsorship opportunities, merchant information and our plan for this year's Passport to Riverside & Avondale.

### PARENT OF THE YEAR:

\*\*\* Erica Davis! \*\*\*

We wanted to reserve this space for an extra-awesome Mom at DLC! Her son Quentin attends our Pre-K class with Ms. Aixa.

Erica won "Parent of the Year" for always going above and beyond for DLC. She always does beautiful face painting at our events, participated in Passport to Riverside last year, and has come to DLC as Elsa from Frozen to read to our student's. She has been a blessing to our school this year, and thank her for all she does for our student's.  
**Let's hear it for Erica!**



### Now Accepting VPK Students for Fall !

VPK is a free pre-kindergarten program for 4-year-olds who reside in Florida and turn 4 on or before Sept. 1, 2016.

To register go to [www.elcduval.org](http://www.elcduval.org), click the "enroll my child in VPK" button, and follow the instructions.

The ELC office is open from Mon.—Thurs. 7am—5:30pm.

**Westside Office:**  
Kingdom Plaza 5310  
Lenox Ave; Suite 5  
Jacksonville, FL 32205  
Phone: 904-208-2044 x. 1

### Holidays

Closed \* 7/4  
Independence Day  
LAST DAY OF  
SUMMER CAMP \* 8/5  
Closed \* 8/8—8/12  
Teacher Planning  
FIRST DAY OF  
SCHOOL \* 8/15  
Closed \* 9/5  
Labor Day

### Special Events

Pint Night at Black  
Sheep: \* 8/23  
3pm—Close

### Birthdays

Richard B. — 8/27  
Jessica— 9/6  
Ashley D.—9/20

### Anniversaries

Amy—27 Years  
Laura—5 Years  
Richard— 3 Years  
Breanna—2 Years  
Elysia—1 Year

# SAVE THE DATE!

**Passport To Riverside & Avondale**  
**Saturday, Nov. 5th**

**We need Sponsors &  
Merchants!**

**Tickets on Sale this September**



## Current Needs:

- Puzzles for 3+
- Construction Paper
- Small Bubble Machine
- Magnetic Alphabet letters
- Stackable Plastic Drawers
- Bissell Carpet Cleaner
- Sleeping Mats
- Outdoor Water Play Items
- "Soft" Balls
- Pop-up Outdoor Canopy 6x12
- Touchpad Security System

## Year-Round Needs:

- Educational toys for classrooms (infants to teens)
- Bibs (Birth - 22yrs)
- Crib Sheets and Blankets
- Art Supplies
- Healthy Snack Items (Food & Juice)
- Cleaning Supplies
- Paper Towels and Kleenex
- Children's Clothing & Shoes (all sizes)
- Diaper/Baby Wipes
- Hand Soap & Hand Sanitizer
- Batteries (AA, AAA, C & D)
- Plastic Cups, Bowls & Spoons
- Children's Books



## DLC SUMMER EVENTS

**July 6: Camp-out Day at DLC!**

**July 13: Water Play, Popcorn & Snow Cones!**

**July 20: Puppet Show @ 9:30**

**August 1: CRC Youth - Tye Dye Day!**

**August 2: Music with Mrs. Kate!**

*(DLC 9:30am, T&C 10:30)*

## Wesley Fellowship United Methodist Craft Fair!

Join us on September 10th for the Annual Wesley Fellowship Craft Fair located at 5400 N Pearl St, Jacksonville, FL 32208. A portion of the money raised from the fair will go back to DLC and the Sulzbacher Center. We wanted to congratulate them on the groundbreaking development of their new building! Come on out and join in the fun. We will also be selling Passport Tickets!

## Amazon Smile

Use Amazon Smile for your next online purchase and a percentage will go back to DLC! You can even use it with your Amazon Prime Account. Simply go to Amazon.com, click Amazon Smile, type in DLC Nurse & Learn and start shopping!

## Summer Volunteers!

Looking for something to do during your summer break?

### We need volunteers!

This is an excellent way to collect your hours for school or just because! Our teachers will guide you on what to do, so you don't need a lot of experience, just be willing to help out. You can work with ages birth-22! **Interested? Give us a call: 904-387-0370**



## DLC Miracle Corner: Jordan!

Jordan started at DLC he was just 8 weeks old. His mother brought him in his baby carrier for orientation, and he was no bigger than a loaf of bread. Jordan turned two in April and was born with Down's Syndrome, but it has never slowed him down! Jordan makes his teachers laugh every day with his spunky personality and caring heart. We are excited to announce that Jordan has officially started walking on his own! He was having a little bit of trouble bearing weight on his feet, but with much practice and patience from his parents, therapists and teachers, he was up and walking in no time! We can not believe how much he has grown, and will soon be transferring into the toddler room. Boy does time fly when you're having fun! We love you Jordan, keep up the great work!



## Tips for Dealing with a Picky Eater :

Many Children with and without Special Needs experience oral sensitivity and picky eating habits. Here are some tips for you to try at home!

**Space Meals 2.5- 3 hours apart** with nothing but water in between for optimal appetite. Count from the start of one meal to the next, this does include snacks.

**Serve one food that is preferred** (one you know they will eat) at each meal.

**Expose them regularly to new or refused foods** by at least having him tolerate them on his plate.

**Keep mealtimes as positive of an experience as possible!** If your child's eating regresses or it never gets off the ground, it doesn't always mean that you need different or new strategies, but you need to revisit things you know work and be consistent about doing them!

**Strap them In** - I know you may think this is overkill at a certain age, but for most kiddos it will save you a lot of needless aggravation. Many toddlers don't have the attention span until after 3 yrs. and will just flee at a moment's notice.

**Change it up** - Sometimes kids get stuck in a rut during a meal that doesn't start off on the right foot and a simple change can get them eating again. This takes little effort, but get consistent with these change ups: Offer them another utensil, use a toothpick, try a different dip or change the shape of the food.